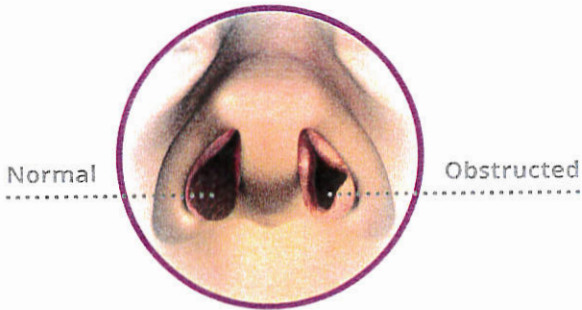


What is nasal obstruction?

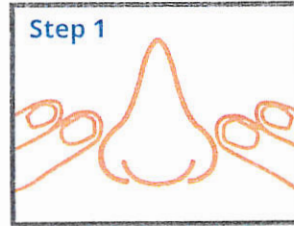
Many people with nasal obstruction experience difficulty breathing through their nose, habitual snoring, interrupted sleep and fatigue.

Nasal obstruction is often caused by anatomical blockage in the nose, hindering airflow. As a result, you may feel congested or "stuffy." Home remedies and medications may offer temporary relief. It's only when your nasal airway is opened that you can expect to find real, lasting relief.

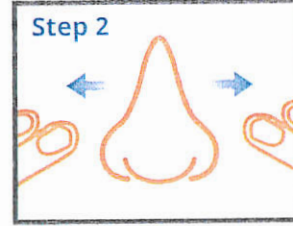


Am I a candidate?

To find out, perform this simple test, called the Cottle's Maneuver.



Step 1: Place two fingertips on your cheeks, on each side of your nose.



Step 2: Gently press and pull outward to further open your nasal passage. While holding, breathe through your nose.

Did the Cottle's maneuver help you breathe better? If so, you may be a candidate. Ask your doctor if the **VivAer®** procedure is right for you.

Constant Stuffy Nose?



Common symptoms of nasal obstruction:

- Trouble breathing through your nose
- Nasal congestion
- Difficulty sleeping
- Difficulty breathing during physical exertion

For more information,

Contact your physician or visit VivAer.com



1. Data on file. Aerin Medical TR680-01.

It's time to breathe easy

Find long-term relief for nasal obstruction without surgery.

VivAer[®] Procedure

Lasting relief is possible without surgery¹

If you regularly experience difficulty breathing through your nose and nothing seems to help, you may have nasal obstruction. Until now, finding a long-term solution often meant surgery. Now, your physician may be able to offer you lasting relief without surgery by performing the VivAer[®] procedure to open your nasal airway.

94%

of patients improved their ability to get enough air through their nose during exercise or exertion¹

89%

of patients reported getting a better night's sleep¹



Breathe better, live better

The VivAer[®] procedure is clinically proven to provide high satisfaction and lasting relief.¹ Patients typically return to normal activities on the same day.



Lasting relief

97% of patients experienced significant improvement in nasal breathing.¹



Nonsurgical solution

Minimal discomfort, no incisions, and can be performed in your doctor's office.



Live better

Clinically shown to significantly improve quality of life and provide long-lasting relief.¹

Ask your doctor if the VivAer[®] procedure is right for you.

How severe is your nasal obstruction?

Take the NOSE score test to find out

0	1	2	3	4
not a problem	mild problem	moderate problem	significant problem	severe problem

Nasal congestion or stuffiness?	0	1	2	3	4
Nasal blockage or obstruction?	0	1	2	3	4
Trouble breathing through your nose?	0	1	2	3	4
Difficulty sleeping?	0	1	2	3	4
Struggle to breathe through your nose during exercise?	0	1	2	3	4

Your total

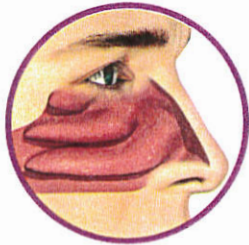
NOSE score: Total x 5

5-25	30-50	55-75	80-100
MILD Obstruction	MODERATE Obstruction	SIGNIFICANT Obstruction	SEVERE Obstruction

What is chronic rhinitis?

Chronic rhinitis results in a persistently runny nose and often post nasal drip, congestion, coughing, itching, and sneezing. While symptoms may be related to allergies, symptoms from chronic rhinitis may occur all year.

This challenging condition can negatively impact your life in countless ways. And trying to find an effective treatment can be frustrating. Like many, you may manage your symptoms using medications and sprays. Unfortunately, these treatments only provide temporary relief. It's only when the root cause of your rhinitis is addressed that can you expect to find real, lasting relief.



Normal



Rhinitis



Constant Runny Nose?



Symptoms of chronic rhinitis include:

- Persistently runny nose
- Post nasal drip
- Nasal congestion
- Itching and sneezing

For more information,

Contact your physician or visit
RhinAer.com



1. Data on file. Aerin Medical Report TR898.

It's time to put away the tissues

Find long-term relief for chronic rhinitis without surgery.

RhinAer™ Procedure

Lasting relief is possible without surgery¹

If your nose is always runny, you may be one of the millions of people living with chronic rhinitis. Until now, treatment often meant managing symptoms with medications and sprays.

For many patients, these symptoms may be caused by abnormal signals in the nose. Now, your physician can offer you the RhinAer™ procedure to disrupt these signals and provide lasting relief without surgery.



Ditch the tissues, get your life back

The RhinAer™ procedure is clinically demonstrated to improve symptoms in 96% of patients.¹ Patients typically return to normal activity on the same day.



Lasting relief

Clinically proven to provide lasting relief of symptoms including runny nose, post-nasal drip and chronic cough.¹



Nonsurgical solution

Minimal discomfort, no incisions, and can be performed in your doctor's office.



Live better

Clinical studies show that patients treated with the RhinAer™ procedure reported significant improvements in their symptoms and quality of life.¹

How severe is your chronic rhinitis?

Total Nasal Symptom Score

.....

0	1	2	3
.....
no symptoms	mild symptoms	moderate symptoms	severe symptoms

Your Symptoms

Nasal congestion	0	1	2	3
Runny nose	0	1	2	3
Nasal itching	0	1	2	3
Sneezing	0	1	2	3

Your total

Share your score with your doctor and ask if the **RhinAer™** procedure is right for you.